

Sutter Downtown Integrative Health Care

STAYIN' ALIVE!

Maintaining an Active and Intimate Sex Life At Every Stage of Your Life

Come and discover how sex and intimacy can be a means of expressing the privilege of being with and giving yourself to another, and having that gift fully received and reciprocated.

Learn strategies for handling those "curve balls" and maintaining sexual wholeness through the loss of a partner, health problems, menopause and more.

**Tuesday,
June 16th, 2009**

6:30-8:00 PM

**Sutter Cancer Center
2800 L Street
Sacramento
Classrooms 1&2**



Fran Fisher, RN, PhD, Certified Sexuality Counselor. - Add whatever you would like here Fran



Risa MacDonald, PT, DPT. – Physical Therapist. Co-owner, East Sacramento Physical Therapy, specializing in myofascial release, biofeedback training, and pelvic floor health.



Kay Judge, M.D. - Internal Medicine, Sutter Medical Group. Medical Director, Sutter Integrative Medicine.



Maxine Barish-Wreden, M.D.- Internal Medicine, Sutter Medical Group. Medical Director, Sutter Integrative Medicine

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Health Care

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*Sutter Medical
Group*

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Medical Foundation