

Sutter Downtown Integrative Health Care

Explore The Many Paths To Eliminating And Managing Your Pain.

Sutter Integrative Medicine Panel Answers Your Questions!



Maxine Barish-Wreden, M.D.-
Internal Medicine, Sutter Medical
Group. Medical Director, Sutter
Integrative Medicine



Duane Paterson, D.C. – Chiropractor,
Certified Performance Enhancement
Specialist. Director of Universal
Chiropractic & Functional Rehab.



Dennis Godby, N.D. – California
Licensed Naturopathic Doctor. M.A.,
Theological Studies. B.S., Exercise
Physiology and Nutrition.



Kay Judge, M.D. - Internal
Medicine, Sutter Medical Group.
Medical Director, Sutter Integrative
Medicine.



Miles Roberts, L.Ac. – Japanese &
California licensed Acupuncturist.
Director of Holistic Health Care.



Dennis Warren, J.D. – Insight
Meditation & Mindfulness Based
Stress Reduction & Chronic Pain
Instructor. Associate Prof. UC Davis
Medical School



Risa MacDonald, PT, DPT. –
Physical Therapist. Co-owner East
Sacramento Physical Therapy,
specializing in myofascial release
and biofeedback training.

Are you one of the many people afflicted with pain? Have you found that there's no one simple answer to eliminating your pain? Come and explore real options by joining us for this **FREE** interactive panel where 7 experts will answer your questions about the right approach to YOUR pain.

A night of questions and answers only.... It's all about YOU!!

"Pain is inevitable, suffering is optional."

Tuesday - April 28

6:30PM

**Sutter Cancer Center
2800 L Street, Sacramento**

Sutter Downtown Integrative
Health Care

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sutterintegrativehealth.org



*Sutter Medical
Group*

Affiliated with the Sutter
Medical Foundation